

Lax4Life Classic Rules

The purpose of this jamboree is to be a fun tune-up for Players, Coaches, Referees and Parents as we all prepare for the upcoming season. Let's "Honor the Game" by respecting everyone's contribution to the sport. Most of all, let's honor Brady and Phoenix Children's Hospital and make this day a success as they fight a battle tougher than any we will ever see on the field.

Rules

- 23 minute running halves (Officials will begin the game clock at the scheduled start time for the game. Make sure your teams are at the right field and ready to play a couple of minutes prior to the scheduled start time)
- Refs will keep the game time on the field
- Technical Fouls will be 45 seconds and Personals will be 90 seconds beginning with the next whistle to start play of game.
- One time-out per game (clock will continue to run)
- No Overtime except on Sunday for Boys Varsity playoffs.
- 10 and 20 second counts will only apply at the High School level (JV and Varsity)
- Stalling will be enforced on the team that is ahead at the 2 minute mark in the second half at all levels except the 10U level and below. ("keep it in the box")
- AP (alternate possession) will be awarded to the team that has less points, if tied, then the team with less players. (A Charlie Obermayer Rule)
- Players that fight will be ejected for the entire day and asked to leave the park.
- Any flagrant Unsportsmanlike Conduct Fouls may result in the ejection of a player for the entire day and asked to leave the park by the Director.

12U/10U – No Body Checks AT ALL! No one handed checks!

Standing Neutral Grip (SNG) for Boys Varsity and JV Face-offs.